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***September Serving Unit***

Jim Reinholdson  
 Mary Tholkes  
 Veronica Johnson  
 Stacy Johnson  
 Fred Carter  
 Blaine and Kathy Johnson  
 Jane Johnson  
 Judy Snipstad  
 Martha Snipstad  
 Shirley and John Rusnacko  
 John Rusnacko Jr  
 Mariya Adamovitch

*Thanks to all!*

**Pastor Linda’s Letter**

Friends,

Autumn is upon us and the wonder and hope for the new “year” of ministry is exciting. We walk into September with ideas percolating with new studies, new sermon series, new Sunday School curriculum, new music, and new opportunities for more depth! New depth in what God wants to accomplish in making us into more radical followers of Christ. While we model for the community and world that we are living into Jesus teachings, we get to be leaders of faith.

We want to be different than a year ago in our ministries and learning opportunities. Find new ways to challenge your spiritual enrichment, spend more time in the Bible, join a Bible or book study. Spiritual growth by seeking ways to serve in ministries of food insecurities that are possibilities for our church to provide feeding the hungry in our community and world. We want to deepen the understanding of issues related to those without homes in our community and cities. Speak out on issues of racism, and learn more about our privilege.

The new ministry season gives each of us new opportunities to grow more in love with God and more in love with our neighbors. Remember and embody the concept of what you want for yourself is what you want for your neighbors, both known and not yet known persons.

May we live into being the Community in Community UMC.  
 Amen.

Peace,

*Pastor Linda*

[pastorlinda@communitymethodistchurch.org](mailto:pastorlinda@communitymethodistchurch.org)

## **Rally Day—Sunday School!**

Join us September 15 for Rally Day - our kick-off for Sunday School. Our theme this year is "Wild" for Jesus. We have many special things planned - you won't want to miss it.

Parents, you are invited to your children(s) Sunday School room for registration starting at 9:30. We will have donut holes, juice and coffee available.

Please join us --- CUMC has great kids!

Karen Schneider



### **Mission:**

*To bring people into Christian Community, in order to grow in God's love, as demonstrated by Christ, for the transformation of the world.*

### **Vision:**

*We are a welcoming, diverse Christian Community, reflective of our neighborhood, actively working to serve our community through our demonstration of God's love. We want to Reach others through God's love, Grow in faith with God's love, and Send people out with God's love.*

**HAPPY BIRTHDAY**

Karen Schreiner	9/01
Nancy Sandgren	9/01
Ivan Rodriguez	9/03
Caleb Lexvold	9/05
Keith Felland	9/06
Megan Trench	9/08
Vera Snapko	9/09
Linda Domarus	9/14
Dale Mapes	9/15
Linda McCollough	9/16
Ronald Guderian	9/19
Gary Good	9/22
Diane Weldon	9/29
Karen Schneider	9/29

## ***Save the Dates!***

- ◆ **September 1 (Sun.)** – Hymn Sing
- ◆ **September 15 (Sun.)** – Rally Day
- ◆ **September 19-21**– Rummage Sale
- ◆ **October 6 (Sat.)** – Fix It Clinic 9-1
- ◆ **November 2 (Sat.)** – Camerata Brass 4 pm

## Breakthrough Prayer for Our Church

*Good and Generous God,  
Your grace and love are an outpouring for  
me; I give thanks for all that you have  
given me and our church. O God, we thank  
you for the presence of our congregation in  
this community for 112 years. We are  
blessed to be a blessing to others through  
our works, mission and service and  
ministries. Continue your guidance and  
wisdom for the hope and future of our  
congregation. Grant us leaders who are  
faithful. Help us to communicate your  
vision and purposes. Pour out your Holy  
Spirit on us. Create a deeper spirit of  
stewardship for time, talents, treasures,  
and giving that will change the world.  
Bless us with opportunities to grow more  
in love with you God, and more in love with  
our neighbors. Breakthrough our comfort  
and complacency zones with bolder faith.  
Enlarge our territories, guide us to take  
risks in your name and for Your Kingdom.  
Amen.*



## Fall Introduction & Fall Studies

We are working on plans for a new year and season. We are examining a couple of studies for fall and winter, also, Advent studies, etc. We are still doing our planning and processing what's our next and best opportunities to grow with God.

Our choirs' kick-off in **September**. We are looking for more bell ringers! Some ringers have retired, and some are healing from broken bones – so consider playing or inviting others to join our ringing team. Our choral friends are always looking to bring more voices into their mix, too. As we move into the autumnal season, please invite others to join our musical teams.

We are putting together a new jazz style group of musicians, too. One of our goals of revitalization is to add more styles of music and more opportunities for people to come and visit us. As a church that is 112 years old, our legacy of being the oldest church in the city of Columbia Heights is an advantage and opportunity to show we can do new things well, too!

Our revitalization desire is to offer new ways to provide creative and passionate worship. Remember, too, that the invitation process of an *ask* is still the best way to get people to visit our church.

## Time and Talents Sheet

Friends, to live into the service and volunteerism of our church it takes all hands-on deck at times. We can't rely on the same people to do the same things all the time. It creates burn-out. Then, there are crashing ministries of repetition and decline because of exclusivity and not bringing in new ideas and voices. We want to expand the creativity, build momentum and giftings.

The month of September we want to add to our list of volunteers, servers in ministries, and help for Sunday mornings, weekdays, and our outreach ministries. Please fill out the time and talents form enclosed and return it to the office. The key ingredient? Please put your name of the form.



We would like to thank the following people for helping deliver meals during the week of August 19-23. Thank you to:

Alice Mettler, Keith & Carol Felland, Fred Carter, Anita Thompson, Barb Miller, Anna Lexvold, Pat Cruse, Jim Feinholdson, Jim's friend Shan Gao, Pat & Duane Rosenburg from St. Matthew's, Tim Fossum—substitute driver for Meals on Wheels, Rod & Sylvia Bruns, and Mikayla Ferrell, Rod & Sylvia's granddaughter.

We appreciate your help!

Our next delivery dates will be October 21-25. We'll be in touch.

Thanks again!

*Rod Bruns & Sylvia Bruns*



### Community Meals Served!

August 12 86 served

August 26 80 served



Our next packing day will be

**Saturday, October 12**

from 11:00 a.m.—12:30 p.m.

at 401-93rd Ave NW, Coon Rapids, MN 55433.

If you haven't tried this before, please give it a try in October.

*Dick Meixner*

### Crafts

Please remember to shop in the craft room. We have many new items for fall and winter, as well as cards, jewelry, linens and blankets. You may think you don't need anything, but you could be surprised. All materials and labor are donated by church members, so all the proceeds go to the church budget. We need your support to keep the craft room open, so please take a look.

## Something to think about!!!

I am looking for a couple of **Sunday School teachers** starting in the fall.

Yes, it is sometimes chaotic, noisy and unruly, but the times when you know the kids "get it" and are enthusiastic to share their thoughts and answers - it makes it all worthwhile.

Please give it some thought and pray about it, and let me know if you feel it is something you would like to get involved with. We are giving these children a foundation - someday they may be facing a difficult decision and they will remember God loves them and so do we.

Karen Schneider  
612-269-9924

## WE DID IT. WOW!

The finances of the church, for many reasons, were projected to be far less than what was needed to keep the church and programs we all love going for the year. Facing a \$79,490 shortfall, the core leadership team voted in May to have a special matching fund drive over the summer. Letters were sent out to every member of the congregation and informational meetings were held. As of this date, \$80,942 in pledges have come in! Over half of this money has been received already with the rest pledged to be given by the end of the year. This is truly amazing and speaks volumes of the love and support you all have for our church, staff, and programs. Thank you everyone for your prayers and your contributions. A special thank you to the finance group of the core leadership team for all the hard work they did.

We are the church together. God is surely in our midst!

*Jim Reinholdson*



United  
Methodist  
Women  
FAITH · HOPE · LOVE IN ACTION

2019-2020

Our UMW will have a new look this year. There will be monthly business meetings to which all women of the church are invited. We will welcome their new ideas for missions to support the women and children everywhere and any ideas for new programs at CUMC.

Then quarterly there will be UMW & Friends luncheon and program which is open to everyone, men, women and friends. The first program will be held October 2. Meet in in the John Wesley Room at 12 noon for lunch followed by a travelogue of Ireland presented by Jan and Les Johnson (see their article for more information).

I can't say what's for lunch as my planning hasn't gotten that far but it will be good.

The other program months are December, February, and April .

Always the first Wednesday of the month and lunch at 12 noon. Watch the newsletter for

## Eve Circle Update

Eve Circle of the UMW meets the 4th Thursday of the month at 7:00 PM. At the September 26<sup>th</sup> meeting, we will have a guest author giving us a personal introduction to his book, *Those People, the true character of the homeless*. Rich Bahr co-founded **Threshold to New Life** with his wife Carla. This social ministry helps those who are homeless or have recently experienced homelessness to obtain or keep their housing. Rich is deeply involved in serving the homeless in Minneapolis through serving meals and providing basic living necessities but most importantly his friendship.

Everyone is invited to come and meet Rich, we will be reading his book as our fall study. Books will be available that evening. The meeting will be at the home of Mary Tholkes at 7:00 PM on September 26. Bring your friends. Please contact her at 763-202-0796 to confirm your attendance.



## National Night Out 2019

National Night Out was a big success again. We had over 100 people participate. The weather was perfect. The World Beat Connection brought 2 great female vocalists and a conch shell that was played by the trombone/trumpet player. She is one talented lady!

The food was exceptional. Chicken Sandwiches, cooked by Jim, provided by Loaves and Fishes, chips from Old Dutch, popcorn from Bill and Karen Schneider, Dilly Bars from the DQ, and pop, juice boxes and water were on the menu.

The Police Department and Council Member Connie Buesgens came. They shared information about policing and crime in our community. One item of note-The city has purchased the old NE Bank Building and the parking ramp. They are working with a developer to make it into a mixed-use building with the possibility of the City Hall occupying the ground floor. We have expressed concern about losing access to the parking ramp.

Cate and Kristine led a great art project. Stress balls were made using balloons and jelly balls.

Lennis, a certified water steward, had a display where kids could clean up, so items didn't get into the storm drain and learn about water conservation.

Andy Bixler had his wrestling belts on display and took pictures of folks with the belts.

If you were not there, you missed a great evening. No one wanted it to end!

A big THANK YOU to everyone who helped plan the event, donated to the event and worked the event!

I know I will miss some folks in the acknowledgment, for that I apologize.

Set up: Fred, Naomi, Les, Jan, Cate, Lennis, Johnson, Kim, Tom, Pat

Servers – Carol, Bill, Kim, Cheryl, Jessica, Dakota Anita, Veronica, Pat, Rondine, Anna, Naomi and several others I lost track of

Activities – Lennis, Cate, Kristine, Veronica, Andy,

Clean up- Everyone!

thank you

Special thanks to UMW (Anna Lexvold) and all those that contributed to the campership fund. Due to your donations, we were able to attend Camp Koronis Pathway Program in Paynesville for a week in July. We had so much fun! We learned Bible lessons and all about nature. We participated in many craft activities, games, water sports and swimming. We especially enjoyed the singing and telling stories every evening around the campfire. We liked the yurts, the food, and the closing ceremony. But we did not like all the mosquitoes! We made new friends and lots of memories.

*Chloe and Logan Perez*

Thank You

It takes a village – the CUMC village! Thanks to Mary Tholkes, Lennis Bentrud, Barb Miller and Fred Carter for getting Chloe and Logan to and from ECO Camp this year. Your thoughtfulness was greatly appreciated. They had a blast every day at camp and would not have been able to attend without your help.

*Faythe Anderson*



## 2019-2020

### WHAT IT IS:

The Sheridan Story is an organization that facilitates a partnership between community organizations such as churches and schools and donors to give food to kids who may not have enough to eat over the weekends.

The church sponsors a school, which encompasses investing in the relationship with the school while distributing food directly to the children. In 2019 CUMC provided hats and mittens to Valley View as well as helped at their back to school night. We are looking forward to partnering in new ways in the new school year.

The Sheridan Story provides the logistical, sourcing and organizational expertise necessary to provide a weekend food supply to families in need.

### HOW IS CUMC PARTICIPATING?

CUMC is working with the St Timothy's Lutheran church distribute the food in Valley View Elementary School for the 2019-2020 school year. We will be providing a donation of \$3,500 for the program which was raised last year through the Camarata Brass event. Last year about 100 kids in 1-5 grades received meals each week.

### WHAT CAN YOU DO TO HELP?

If you would like to donate to help feed the kids, you can make your donation through the church by making your checks payable to the church and put Sheridan Story in the memo field.

We need folks to help put the food in the back packs We alternate weeks with St Tim's. It only takes about an hour. It is a simple process: Folks work in pairs. You have a list of names, locker numbers, and backpack descriptions and you go down the hall and put the food in the appropriate back packs.

Background checks are required before being admitted to the school so if you want to volunteer, please submit the background check form to the school and let me know that you are interested in being a volunteer. I will pair new volunteers with experienced ones, so everyone feels comfortable doing it.

— *Mary Tholkes*

### Funeral Sheet

Reminder, we offer funeral planning sheets for all members and attenders of our congregation. Pick one up outside the sanctuary, drop it off (or mail it) in the office. This will help your family in their time of need and communicate your wishes. Thank you in advance.

## Team Building and Church Building for 2019-2020

Communication: more than information exchange, when communication is seen simplistically, as a transfer of information from one place to another—teams don't give it the attention needed to communicate effectively. . . The higher-performing teams adopt a fuller view of communication. They see communication as human interaction, responsible for far more than transmitting information to one another. Communication creates and shares meaning, and it constructs social realities, structures and institutions—such as churches, teams and boards – that are then coordinated and actively managed. As one professor affirms, “When we communicate, we create, maintain, and change shared ways of life.” Viewed this way, communication is the very thing that births, structures and shapes teams, including senior leadership teams. It is the very thing that develops and molds churches and all of their organization dynamics.

The good news: if you see things differently, you will do things differently. The better news: if your team needs improvement, simply changing the ways you interact is a great place to start. Your interactions do far more than getting information to the right places at the times or getting everyone on the same page.

When you pray (or don't pray), you are shaping everyone's understanding of and relationship with God.

When you develop, shift or label positions, you're shaping the identities of the members of your staff and congregation.

When you deal (or don't deal) with conflict, you're making your team healthy or unhealthy—and setting an example of how to do (or avoid) conflict resolution.

When you cast vision and determine future ministry directions you're establishing (not just communicating) vision for your ministries.

When you evaluate the performance of programs and people, you're identifying and solving problems.

When you meet, you're establishing the team's purpose, regardless of what is written in your bylaws or manuals. (Adapted from *Teams that Thrive*)

## Social Media

**Social Media** is a big part of today's world. We know different people use different methods and applications for social media. One way to help promote our church and congregation is by “sharing” our media on your preferred social media sites. If you see it, like it, share it. It helps us to promote and market our church in this community.

(As example, we had four children from outside our church family come to movie night. Those families heard about the family movie night because of social media and it being shared on a community page. We had a total of 19 attend our family movie night, 8 were from outside our CUMC family.)



We are developing a letter to invite others to our Rally Day and coming of fall studies. We

hope that you will think of 2-3 new people in your neighborhood or circle to include in our church. We want to invite those in our immediate neighborhood to come and check us out! It will be a “wild” for Jesus fall season! September 15 – All Are Welcome!

Remember when visitors come in – **Circle of 10**: Greet anyone, member or guest, who comes within ten feet of you. Make a special effort to greet the people you don't already know within you Circle of 10. **Rule of 3**: Try not to talk to other members for the first three minutes after the service (while standing in line to leave or in the fellowship hall). Talk only to those you don't know and to people that you know are guests. It takes guests about 3 minutes to exit the church after worship so it's important to make sure someone has made contact with them before they leave. \*UMComm\*



## FALL RUMMAGE SALE REMINDER!

The Fall Rummage Sale is coming up fast! The Rummage sale will be held **Thursday, September 19<sup>th</sup>, 9-5** **Friday, September 20<sup>th</sup>, 9-5** and **Saturday the 21<sup>st</sup>, 9-1.**

As always, we are in need of things to sell. Items that are needed include:

- Clean clothing – kids' clothes are always in demand
- Jewelry/linens
- Books/Toys/ DVDs
- Lawn/garden items/tools
- Furniture – pick up is available
- Holiday objects
- Kitchen utensils/dishes/pots & pans
- And any other miscellaneous stuff.

Please talk to friends and relatives and let them know that we would gladly accept items they no longer want. Pick up can be arranged by calling Rondine at 612 781 7582 or Anna at 763 572 1437. On Saturday 9/14 - the church will be open from 10-3 pm for drop off. It can be delivered directly to the stage if possible and if not, place it in the room under the Secretary's office. We would prefer to have most of the things here by Monday, September 16<sup>th</sup>, but if your schedule is such and you need to bring it at a different time, call Anna or Rondine to open the church for you.

We have a couple things with which we need help. One of them is **signage**. We are really trying to find help with getting some lawn type signs made and placed



## FALL MUSIC IS STARTING

September means that our music programs are starting up!

**Choir** begins **Wednesday, September 11** at 7:00 p.m., so we know what to sing for Rally Sunday, September 15. It would be a great time to join the choir!

**Bell choir** starts **Thursday, September 19** at 5:30 p.m. New Ringers are welcome!

maybe at each of our homes or neighborhoods. Ideas? Volunteers? Also, we feel that it is important to **display the clothing** in a more customer friendly way; as many people just don't take the time to sort through all those piles. We need to sort them better, hang more of the clothes, and size them properly. If anyone has some portable clothes racks that we could use for that week, we would like to borrow them. This will be a work in progress as we try new ideas. We also want to emphasize that we hope to have a large bake sale this year and, as in the Spring we will have separate rooms for books, furniture and the higher end rummage.

Someone will have sign up sheets available on Sundays, September 1<sup>st</sup> and 8<sup>th</sup>.

**Your church needs your help.**

## The Lay Leader Corner

by Les Johnson

Recent Sunday sermons have been about our responsibilities as Christians in our relationships to and in the world. John Wesley, the founder of the Methodist Movement, had three simple rules that he lived by. Do no harm, Do good, stay in love with God. That sounds pretty simple, but it can be very hard for us to put into practice. Let's look at each of these and see how we might apply them every day.

First, Do No Harm. I tend to think of this as thinking about our actions and being aware of the consequences. There are many ways we can think of "do no harm". It can relate to how we treat people around us and it can also be how we treat our environment and all of God's creation. When I think of this part of Wesley's rule, I usually think about what I'm doing and how it could affect the world in a negative way. That could be anything from not using single use plastic, like straws and bags, to driving a car with good mileage instead of my truck. But, it also applies to how we interact with people and being aware of the possible negative affects of the things we say and do. In our church that could be as simple as thinking about how someone in their twenties or thirties might hear something we say differently than we intended.

Second, Do Good. That seems so simple and yet how often do we miss opportunities to "do good". Maybe we get wrapped up in the idea that in order to "do good" we must be doing something monumental, like curing cancer or solving other problems in the world. So what if we think about the small things that can make a difference. That can mean anything from holding a door for someone or picking up a piece of trash in the local park or giving someone a ride to church. I tend to think of doing good mainly in terms of how we interact with people. You may have a different take on it, but I know that's where my head goes.

Finally, stay in love with God. Is that a no-brainer for all us Christians? Or, is it something that is harder than it seems. I confess I don't know how Wesley would have explained staying in love with God. But it seems to me that he's not talking about spending our time in church or spending our time praying. (Both of which are great, but not ends unto themselves.) I think he may have been talking about the state in which we live our lives. If we live with awareness that we are living 'in God' and God is 'in us', our relationship with God then extends to our relationship with our fellow human beings and the world we live in. If we can be the face and hands of God as we live our lives, we might be getting close.

# September 2019

September 2019

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 2019

Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Sep 1</b> 10:00am Worship 11:00am Fellowship 12:00pm Elevate Church	<b>2</b> Office Closed 4:30pm Women's Meal at Culver's (Culver's)	<b>3</b> 10:00am NE Seniors Meeting (Asbury Room)	<b>4</b> 9:45am Adult Bible Study 11:00am UMW Business Mtg	<b>5</b> 7:30am Builders Club Finance Meeting	<b>6</b> Office Closed	<b>7</b>
<b>8</b> 10:00am Worship 11:00am Fellowship 11:15am Blood Pressure Clinic 12:00pm Elevate Church	<b>9</b> Office Closed 5:30pm Community Dinner	<b>10</b>	<b>11</b> 9:45am Adult Bible Study 7:00pm Choir Rehearsal	<b>12</b>	<b>13</b> Office Closed 11:00am Chair Yoga	<b>14</b> 8:30am SACA Produce Drop (Southern Anoka Community Assis, 627 38th Ave NE, Columbia)
<b>15</b> Rally Day 10:00am Worship 11:00am Fellowship 12:00pm Elevate Church	<b>16</b> Office Closed 9:00am Rummage Sale Set-Up	<b>17</b> 9:00am Rummage Sale Set-Up	<b>18</b> 9:00am Rummage Sale Set-Up 9:45am Adult Bible Study 7:00pm Choir Rehearsal	<b>19</b> Rummage Sale 9:00am Rummage Sale 10:00am River Rats 5:30pm Bell Choir	<b>20</b> Office Closed Newsletter Deadline 9:00am Rummage 11:00am Chair Yoga	<b>21</b> 9:00am Rummage Sale
<b>22</b> 10:00am Worship 11:00am Fellowship 12:00pm Elevate Church	<b>23</b> Office Closed 5:30pm Community Dinner	<b>24</b>	<b>25</b> 9:45am Adult Bible Study 7:00pm Choir Rehearsal	<b>26</b> 5:30pm Bell Choir 7:00pm Eve Circle (Mary's)	<b>27</b> Office Closed 11:00am Chair Yoga	<b>28</b> 8:30am SACA Produce Drop (Southern Anoka Community Assis, 627 38th Ave NE, Columbia)
<b>29</b> 10:00am Worship 11:00am Fellowship 12:00pm Elevate Church	<b>30</b> Office Closed	<b>Martha's Hours:</b> Tuesdays & Thursdays 9:30 AM — 4:30 PM				

## Community United Methodist Church

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Columbia Heights, MN 55421

Phone 763-788-9009

<http://www.communitymethodistchurch.org>

Pastor Linda McCollough

## CHANGE SERVICE REQUESTED

### September Events

September 1 (Sun)	Hymn Sing
September 2 (Mon)	4:30 pm Women's Meal at Culvers
September 4 (Wed)	9:45 am Adult Bible Study (repeats on Wednesdays) 11:00 UMW Business Meeting
September 9 (Mon)	5:30 pm Community Meal
September 11 (Wed)	7:00 pm Choir Rehearsal (repeats on Wednesdays)
September 13 (Fri)	11:00 am Chair Yoga (repeats on Fridays)
September 14 (Sat)	8:30 am SACA Produce Drop (SACA)
September 15 (Sun)	Rally Day—begin the church new year
September 19 (Thurs)	<b>9 am -5 pm Rummage Sale!</b> 5:30 pm Bell Choir (repeats on Thursdays)
September 20 (Fri)	<b>9 am -5 pm Rummage Sale!</b> <i>Newsletter Articles due for September</i>
September 21 (Sat)	<b>9 am -1 pm Rummage Sale!</b>
September 23 (Mon)	5:30 pm Community Meal
September 26 (Thurs)	7:00 pm Eve Circle
September 28 (Sat)	8:30 am SACA Produce Drop (SACA)